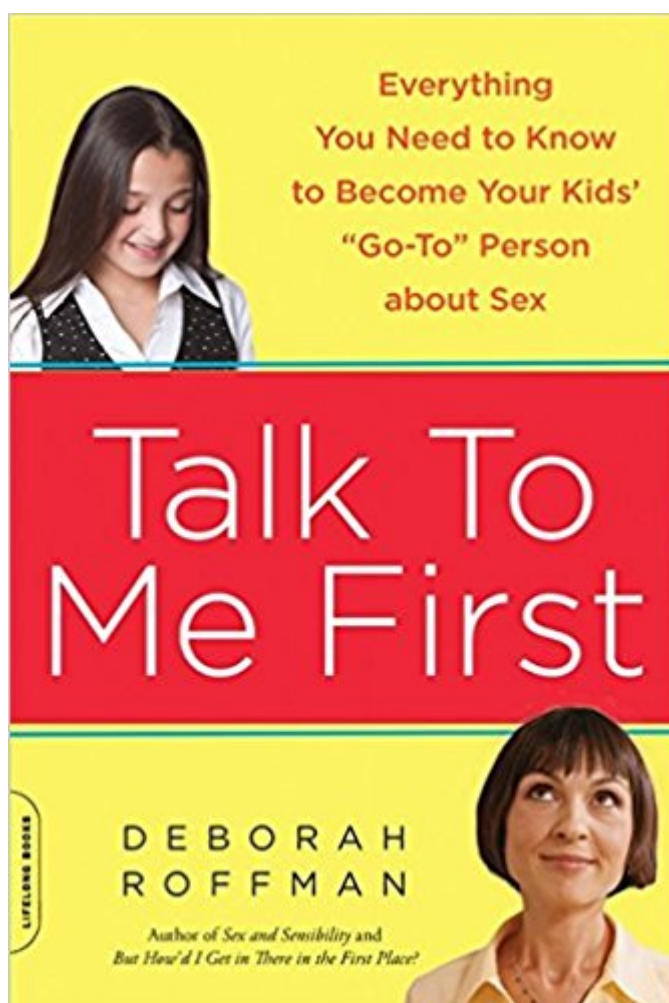


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# Talk To Me First: Everything You Need To Know To Become Your Kids' "Go-To" Person About Sex



## Synopsis

We live in a time when kids of all ages are bombarded with age-sensitive material wherever they turn; "sexting" and bullying are on the rise at an increasingly younger age, and teen moms are "celebrified." What is a concerned--and embarrassed--parent to do? With wit, wisdom, and savvy, Deborah Roffman translates her experiences gleaned from decades of teaching kids and parents, and as a mom, into strategies to help parents navigate this tricky terrain. *Talk to Me First* is for any parent who wants to become and remain the most credible and influential resource about sexuality in their children's lives.

## Book Information

Paperback: 296 pages

Publisher: Da Capo Lifelong Books (July 31, 2012)

Language: English

ISBN-10: 0738215082

ISBN-13: 978-0738215082

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 16 customer reviews

Best Sellers Rank: #70,985 in Books (See Top 100 in Books) #115 in *Books > Health, Fitness & Dieting > Sexual Health > General* #173 in *Books > Parenting & Relationships > Parenting > Teenagers* #237 in *Books > Self-Help > Sex*

## Customer Reviews

Sex educator Roffman encourages parents to "stay ahead of the media tsunami" and take their rightful place "partnering with schools" as the "go to person" when it comes to educating their kids about sex. For Roffman, human sexuality is the "richest, deepest, and most extensive" subject there is, and one can clearly sense her joy and exuberance in addressing her subject. But, she says, many parents are fearful and squeamish about talking with their kids about sex, which leaves the topic up to media outlets, advertisers, merchandisers, and others who are engaged in the "adultification" of children, without their best interests in mind. Roffman stresses that talking to kids about sex in a "sensible, normal and matter-of-fact" way is the goal, but first parents must overcome their own fear of using the words and talking the talk. She suggests that parents don a metaphorical "five-piece suit" and get to work, addressing five

core issues of affirmation, information, clarity about values, setting limits, and anticipatory guidance. Roffman's frank and vibrant pep talk will give parents the inspiration and tools needed to tackle the subject of sex with their kids.

Kirkus Reviews, 7/15/12 "An informative, helpful guide for parents contemplating how to talk to their children about the birds and the bees. In utilizing this important guide, parents can reclaim the sexual education of their children instead of surrendering it to the influence of misguided media advertisers. Roffman's clear-eyed text and non-clinical delivery makes the slippery slope of sex education less daunting." • Metro New York, 6/26/12 "A guide to the talk in the 21st century."

Every family should have this book! It is all about how we communicate in ALL areas of conversation not just when it comes to sex! Deborah lays specific areas in communication that I need to lay out with my kids and I follow them and they WORK! I also find that they work in all my relationships...personal and business! Affirmation, Information, Clarification and Values, Boundaries and Limits, Guidance... I have them memorized, I practice and get the response that I would like to have... AMAZING!!!

Bought for a parenting group

Even if it's too late, read this. You can finally look at how your parents/teachers/preachers botched your sex education, and how you survived. A thousand things that were never clear can be clear, even now while you are still alive.

I recommend it to all the parents! It answered a lot of my questions and taught me how to talk to my kids about sex.

Very informative--a bit redundant at times but maybe necessary since the topic is so important. Definitely would recommend!!!!

Great book!

Deb Roffman is just awesome! I am a sex educator and recommend this book to parents all the

time. Another great book by an amazing author/educator.

The author offers clear advice on how to explain. Great information mixed with funny anecdotes. I highly recommend this for any parent!

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Sex: Sex Guide: The Perfect Sex Guide For Unbelievable Sex (Sex, Sex Guide, Sex Positions, Sex Addiction, Seduction, Sex Stories, Sex Books, Foreplay, Alpha Male, Relationships, Marriage) Talk to Me First: Everything You Need to Know to Become Your Kids' ""Go-To"" Person about Sex 200 Dirty Talk Examples: How to Dirty Talk your way to the Most Graphic, Mind-Blowing Sex of your Life (Sex Advice and Sex Tips to Improve Sex Life and have Better Sex) Sex Starved Marriage: Sex in Marriage: 31 Best Demonstrated Sex Positions Every Married Couple Should Try To Spice Up Their Sex Life (Scream, harder and longer, Sex positions, Sex Tips, Sex Guide) How to Talk Dirty: Make Him Explode Whispering These 173 Dirty Talk Examples that Will Rock His World & Have Him on His Knees Begging You for Sex (Improve & Spice Up Your Sex Life - Dirty Talk) How to Talk Dirty : Dirty Talk Examples, Secrets for Women and Men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: Great Sex Book, Series 1 Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2) Law 101: Everything You Need to Know About American Law (Law 101: Everything You Need to Know about the American Legal System) Everything You Need to Know When Someone You Know Has Been Killed (Need to Know Library) First Person Rural Second Person Rural Third Person Rural Kama Sutra: Best Sex Positions from Kama Sutra and Tantra to Skyrocket Your Sex Life (Kama Sutra, Sex Positions, How to have Sex, Tantric Sex) (Volume 1) You Don't Know What You Don't Know: Everything You Need to Know to Buy or Sell a Business Sex: Sex Starved Marriage: 33 Demonstrated Sex Positions + 14 Best Tips On How To Last Longer, Make Her Scream And Be The Best Lover In Her Life (+FREE BONUS)(Sex and Marriage, Sex Positions Book) XXX MATURE SEX Pictures 3: sex, porn, milf, mature sex, love girls, sex pictures, anime sex pictures The Football Fanbook: Everything You Need to Become a Gridiron Know-it-All (A Sports Illustrated Kids Book) The Chicken Whisperer's Guide to Keeping Chickens: Everything You Need to Know . . . and Didn't Know You Needed to Know About Backyard and Urban Chickens Sex Guide: Mastering Your Sexuality and Becoming Good at Sex Every Time (Become Good at Sex, Sexual Improvement, Reach Sexual Pick, Last Longer) Confidence: Gaining the Confidence You Need to Succeed in Life.: Easy Tips & Tricks on How to become more Self Confident and Gain Creative Confidence (Confidence: ... Person You've Always Wanted to be. Book 1) Sex Positions &

Dirty Talk Examples: Two Books in One: The Best Sex Positions Ever, How to Talk Dirty, and Kama Sutra 601 Words You Need to Know to Pass Your Exam (Barron's 601 Words You Need to Know to Pass Your Exam)

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